

# Path of the Gods trailbook

by Giovanni Visetti \* [www.giovis.com](http://www.giovis.com) \* © 2012



As you will realize reading these pages it's very difficult to get lost along the **Path of the Gods**. The worst that can happen to you is to end up in Praiano instead of Positano ...

**A guide is however strongly recommended.**

You hire a guide in towns, museums or archaeological sites not because you are afraid of getting lost but in order to know more ...

With a good guide you will learn a lot more about the native flora (including wild orchids), the use of the herbs, the history, mythology, legends and traditions, trails, dry stonewalls, watchtowers and lime-kilns, ...

Interested in hiring a guide?

Contact one of them (listed in alphabetical order)

- Alessandra** [ya-samin@hotmail.it](mailto:ya-samin@hotmail.it)
- Anna** [a.naclerio@email.it](mailto:a.naclerio@email.it)
- Barbara** [bluwave1973@libero.it](mailto:bluwave1973@libero.it)
- Costantino** [costantinodilosa@gmail.com](mailto:costantinodilosa@gmail.com)
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**don't forget to download your FREE HQ MAP**  
[www.giovis.com/maps/deiA4o.pdf](http://www.giovis.com/maps/deiA4o.pdf)

about 3.75 mi / 6.0 km from **Bomerano** to **Nocelle**  
**Bomerano** square: 2,080 ft above sea level (634m)  
**Nocelle** parking lot and bus stop: 1,510 ft (459m)  
 elevation gain 500 ft /150m \* loss 1,070 ft /325m



**Emergency tile**  
 In case of need, call the emergency number **118**, and give your position referring to the closest numbered tiles.  
**Attention:** some of them are missing



metres from the beginning of the dirt trail



waymark by C.A.I. (Club Alpino Italiano)



the itinerary starts from Bomerano sq. (sign on the wall), side street to the left of the entrance to Hotel Gentile



2

walk down the alley for about 300yd (270m) past this bridge and you'll get to a junction (photo 3)



view arriving from Bomerano

3

here turn right, walk over the wooden bridge, climb the stone steps to the asphalt road and turn left



4

a few metres after the view point the road ends and the trail begins going down the steps by Grotta Biscotto

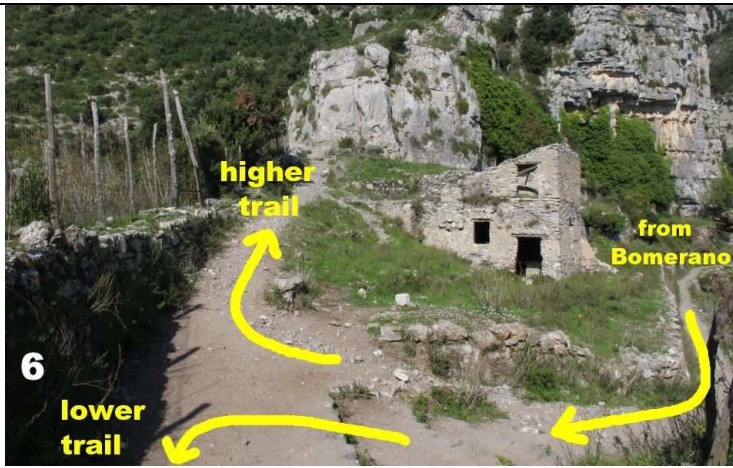


5

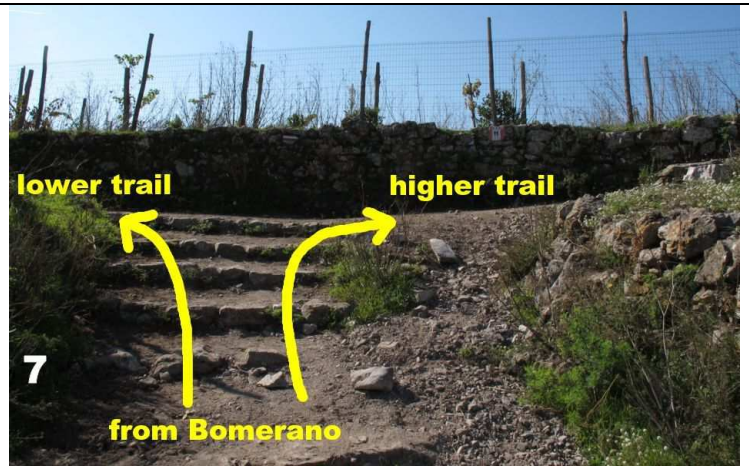
TRAIL

after 500yards of the trail, past a sharp left turn, you come to this fork. Go left (public trail), to the right is private





6  
150yd/m past the rocky pinnacle you get to Colle la Serra junction. Here you must choose your trail: lower or higher



7  
the two options are similar in length 0.85mi/1.300m and elevation. Read the note at the bottom of this page



8  
choosing the lower trail soon after the previous T-junction turn right (photo 8) and walk down the steps till photo 9



9  
walk about 400yd/450m and at the bottom of a flight of high stone steps you reach San Domenico fork (photo 10)



10  
the trail down left leads to Praiano, via San Domenico convent; go straight for Path of the Gods to Nocelle



11  
view of Cisternuolo junction arriving from the lower trail. It is at the top of a tricky, rocky climb, by tile no.7



12  
view of Cisternuolo junction arriving from the higher trail. It is at the bottom of a short descent with loose stones

**After this point there are no more forks till Nocelle. No chance of making a wrong turn on a wrong trail**  
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**Choosing the route Colle la Serra - Cisternuolo**  
(both are marked with the C.A.I. white/red waymarks)

The **lower trail** is better "maintained" than the higher and has a few wooden railings. It goes level for a short while and then down along high stone steps till S. Domenico fork (photo 10). No more big climbs or descents till the last rocky climb before the Cisternuolo junction (photo 11).

The **higher trail** (narrower and stonier) first goes gently up for a while and then almost level for about 1/2 mile till the outlook from where Positano can be seen for the first time. The following descent (with loose stones and shingle, sometimes slippery) splits into two parallel tracks for less than 100yd/m, but both lead to Cisternuolo junction (photo 12). A few stretches can sometimes be overgrown.